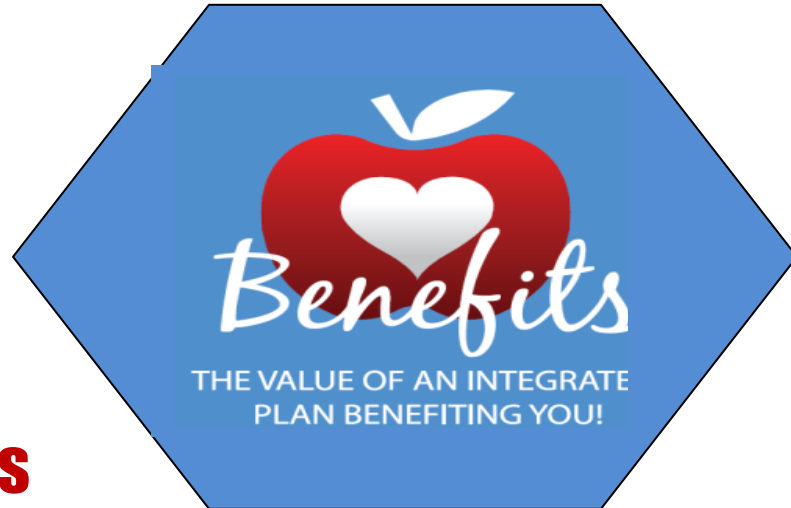


Employee Exercise Classes

by Professional and Certified Instructors

**FREE
FOR
EMPLOYEES**



**Bring your
workout clothes
& tennis shoes**

CENTRAL

Education Center Snack Bar
4:50 – 6:00 pm
Monday – Thursday

**Mondays
Kickboxing**

**Tuesdays
Boot Camp Sculpting**

**Wednesdays
Zumba**

**Thursdays
Aerobics**

SOUTH CENTRAL

Burleson Elementary
Gym
4:30 – 5:40 pm
Monday – Thursday

**Mondays
Zumba**

**Tuesdays
Step Aerobics**

**Wednesdays
Zumba**

**Thursdays
Step Aerobics**

WESTSIDE

Guerrero Elementary
Multi-Purpose Room
4:30 – 5:40 pm
Monday – Thursday

**Mondays
Zumba**

**Tuesday
Step Aerobics & Sculpt**

**Wednesday
Zumba**

**Thursday
Boot Camp Sculpting**

****CLASSES ARE POSTED IN ADVANCE AND WILL BE KEPT CONSISTENT UNLESS A SUBSTITUTE IS REQUIRED. IF THIS SHOULD OCCUR, CLASSES WILL BE BASED ON SUBSTITUTE AVAILABILITY****