

Have a health question at 2 a.m.?

Aetna Health ConnectionsSM
Wellness Resources



Get answers from a registered nurse at any time — just call our toll-free Informed Health Line

With one simple call, you can:

- Learn more about health conditions that you or your family members have.
- Find out more about a medical test or procedure.
- Come up with questions to ask your doctor.

Talk to a registered nurse

Our nurses can discuss more than 5,000 health and wellness topics. Call them anytime you have a health question.

Listen to our Audio Health Library*

Call and learn about a topic that interests you. Choose from thousands of health conditions. Listen in English or Spanish.

You can also transfer to a registered nurse at any time during your call.

*Not all topics discussed within the Audio Health Library are covered expenses under your health plan.

Informed Health[®] Line

Call 1-800-556-1555
for health
information—
24 hours a day,
365 days a year.

Go online for even more health information

If you like to go online for health information, check out the Healthwise[®] Knowledgebase. You can learn more about a health condition you have, medications you take, and more.

Link to it through your secure Aetna Navigator[®] website at www.aetna.com.

When you have questions, you can get answers — call or go online to make your health decisions easier

Health insurance plans are offered, underwritten or administered by Aetna Life Insurance Company and its affiliates (Aetna).

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information subject to change. For more information about Aetna plans, refer to www.aetna.com.

We want you to know[®]



www.aetna.com