

How GuidanceResources® Can Help You with Work-Life Balance

YOUR **life**



YOUR **work**



YOUR **best**®



Let our GuidanceResources work-life experts help you with the challenges of trying to balance the many demands of your work and life.

How it works

When you call GuidanceResources with a concern about a life or family issue, a Guidance Consultant will talk to you about your specific situation and connect you to a Resource Specialist who will begin to research alternative solutions to your question. Within a few business days you'll have a full report of practical information and affordable alternatives that can be delivered to you via e-mail, fax or second day air.

How may we help you?

Child Care

Finding a childcare situation that's right for your child and your family isn't easy. It means conducting research to find out availability, location and cost. But there's an easier way! Call GuidanceResources to have a Resource Specialist conduct the search for you. Our Resource Specialists have experience in childcare and know that you want affordable, conveniently located care you can trust. Resource Specialists are also armed with valuable and helpful information on other childcare issues such as adoption, preschools, camps, nanny services, before and after-school care, financial assistance and parenting concerns.

Elder Care

For some, the day may arrive when we need to seek extra care to help our elders age with dignity and comfort. GuidanceResources is here to help with that difficult task. Resource Specialists with years of elder care experience will work with you to find the perfect solution for your parent or other aging relative in your care. They'll help you determine a care giving situation that's just right for your elderly loved one—from home health care and meals-on-wheels to nursing homes and every level of care in between.

Pet Care

Those of us with pets at home know that they can quickly grow to be beloved members of the family deserving of the best care we can give. Our Resource Specialists can provide you with information on veterinarians, kennels, groomers, obedience classes and pet insurance.

Education

Whether you're searching for the perfect preschool or trying to figure out how to pay for college, we can help. Call GuidanceResources for information on tutors, colleges, graduate programs, financial aid and scholarships.

Concierge Services

GuidanceResources can even help you with life events from house hunting and home improvement projects to wedding and event planning. By providing you with lists of qualified, affordable experts and venues in your own community you can start your planning with the peace of mind that comes from knowing you'll be working with the best.

ComPsych®
GuidanceResources®



Call:

TDD: 800.697.0353

Online: guidanceresources.com

Enter your company ID:

YOUR SINGLE SOURCE FOR SUPPORT, RESOURCES & INFORMATION